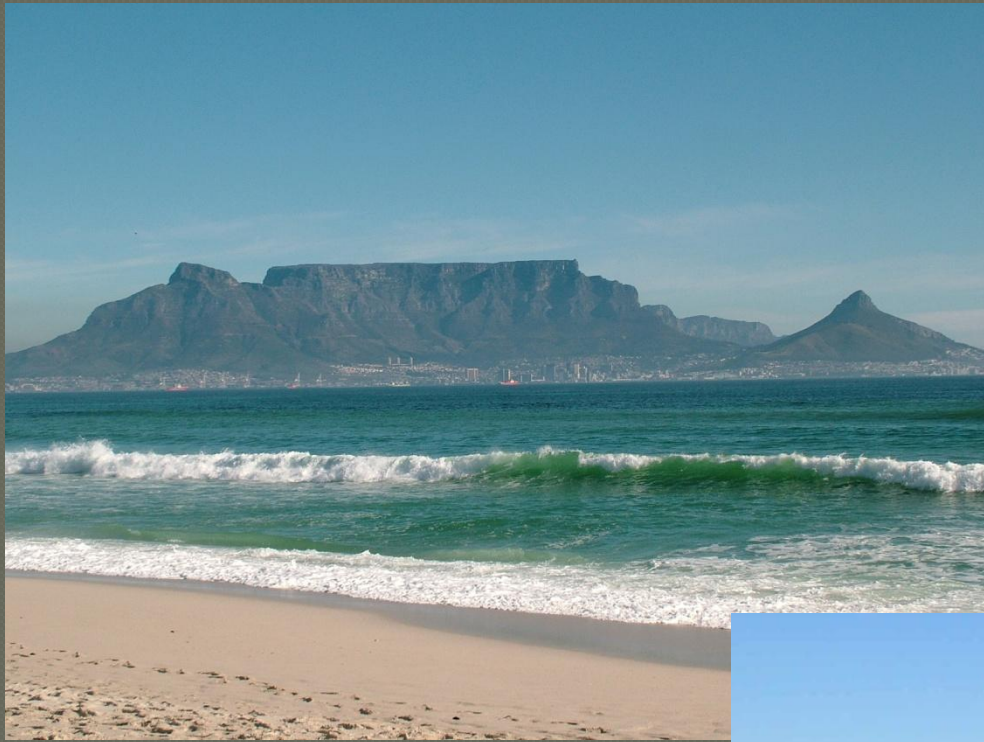


# Feeding and Nutrition: A Parent's Perspective

Dr Catherine E Gibb



# Leroy

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- ◉ Born November 2003 in Cape Town
- ◉ Stole my heart August 2004
- ◉ Home to England December 2007
- ◉ PEG tube June 2008
- ◉ Hip surgery July 2008 / April 2009
- ◉ Referred for fundoplication April 2010
- ◉ Started blended diet November 2010
- ◉ Ditched 3 reflux meds Spring 2011

# Formula...



Water, maltodextrin, vegetable oil, sodium caseinate, whey protein concentrate, dietary fibre (soy polysaccharide, resistant starch, inulin, arabic gum, cellulose, oligofructose), emulsifier (soy lecithin), fish oil, tri-calcium phosphate, potassium chloride, acidity regulator (citric acid), sodium chloride...

# ...versus real food



# Useful Resources

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- O'Gorman E. A. (2012) **Complete Tubefeeding: Everything you need to know about tubefeeding, tube nutrition, and blended diets**
- <http://youstartwithatube.blogspot.co.uk/>
- <http://www.foodfortubies.com/>
- Pentiuik S, O'Flaherty T, Santoro K, Willging P & Kaul A (2011) Pureed by Gastrostomy Tube Diet Improves Gagging and Retching in Children With Fundoplication, **Journal of Parenteral Enteral Nutrition** 35: 375

# Contact

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Facebook Group: Blended Diet UK

<https://www.facebook.com/groups/278702472183551/>